

# Church of the Holy Apostles

## The First Sunday of Lent

### Sunday, March 6, 2022

*Welcome to Holy Apostles!*

*This bulletin is your guide to worship and it has all that you need. Our worship is taken from the Book of Common Prayer. If you have any questions during the Liturgy, don't hesitate to ask an usher or a neighbor. If you are new or visiting, please make sure to introduce yourself to one of the priests after the service. Instructions on when to stand and sit are in italics and the prayers and songs that we all sing or say together will be in bold. We hope that you find it easy to follow along and we encourage you to sing out for our congregational hymns.*

## The Liturgy of the Word

*Please kneel as are able, responses are in bold*

### **The Great Litany**

O God the Father, Creator of heaven and earth,  
**Have mercy upon us.**

O God the Son, Redeemer of the world,  
**Have mercy upon us.**

O God the Holy Spirit, Sanctifier of the faithful,  
**Have mercy upon us.**

O holy, blessed, and glorious Trinity, one God,  
**Have mercy upon us.**

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers and mothers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy preserve us, for ever.  
**Spare us, good Lord.**

From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation,  
**Good Lord, deliver us.**

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,  
**Good Lord, deliver us.**

From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,

**Good Lord, deliver us.**

From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,

**Good Lord, deliver us.**

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,

**Good Lord, deliver us.**

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,

**Good Lord, deliver us.**

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,

**Good Lord, deliver us.**

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,

**Good Lord, deliver us.**

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,

**Good Lord, deliver us.**

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

**We beseech thee to hear us, good Lord.**

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,

**We beseech thee to hear us, good Lord.**

That it may please thee to bless and keep all thy people,

**We beseech thee to hear us, good Lord.**

That it may please thee to send forth laborers into thy harvest, and to draw all humankind into thy kingdom,

**We beseech thee to hear us, good Lord.**

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,

**We beseech thee to hear us, good Lord.**

That it may please thee to bring into the way of truth all such as have erred, and are deceived,  
**We beseech thee to hear us, good Lord.**

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,  
**We beseech thee to hear us, good Lord.**

That it may please thee so to rule the hearts of thy servants, the President of the United States, and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,  
**We beseech thee to hear us, good Lord.**

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,  
**We beseech thee to hear us, good Lord.**

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,  
**We beseech thee to hear us, good Lord.**

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,  
**We beseech thee to hear us, good Lord.**

That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,  
**We beseech thee to hear us, good Lord.**

That it may please thee to preserve all who are in danger by reason of their labor or their travel,  
**We beseech thee to hear us, good Lord.**

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,  
**We beseech thee to hear us, good Lord.**

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,  
**We beseech thee to hear us, good Lord.**

That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,  
**We beseech thee to hear us, good Lord.**

That it may please thee to have mercy upon all humankind,  
**We beseech thee to hear us, good Lord.**

That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word,

**We beseech thee to hear us, good Lord.**

That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts,

**We beseech thee to hear us, good Lord.**

That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

**We beseech thee to hear us, good Lord.**

That it may please thee to grant to all the faithful departed eternal life and peace,

**We beseech thee to hear us, good Lord.**

That it may please thee to grant that, in the fellowship of all the saints, we may attain to thy heavenly kingdom,

**We beseech thee to hear us, good Lord.**

Son of God, we beseech thee to hear us.

**Son of God, we beseech thee to hear us.**

O Lamb of God, that takest away the sins of the world,

**Have mercy upon us.**

O Lamb of God, that takest away the sins of the world,

**Have mercy upon us.**

O Lamb of God, that takest away the sins of the world,

**Grant us thy peace.**

O Christ, hear us.

**O Christ, hear us.**

Kyrie eleison

**Christe eleison**

Kyrie eleison

*All stand, as are able*

**The Collect of the Day**

*Presider* Blessed be God: Father, Son, and Holy Spirit.

*People* **And blessed be God's kingdom, now and forever. Amen.**

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

*Please be seated for the lessons*

## **First Lesson**

**read by Maija Ravenswaay**

A reading from the book of Deuteronomy.

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

*After the reading*

*Reader*        **The word of the Lord.**

*People*        **Thanks be to God.**

## **Psalm 91:1-2, 9-16**

**read in unison**

**He who dwells in the shelter of the Most High, \*  
abides under the shadow of the Almighty.**

**He shall say to the Lord,  
"You are my refuge and my stronghold, \*  
my God in whom I put my trust."**

**Because you have made the Lord your refuge, \*  
and the Most High your habitation,**

**There shall no evil happen to you, \*  
neither shall any plague come near your dwelling.**

**For he shall give his angels charge over you, \*  
to keep you in all your ways.**

**They shall bear you in their hands, \*  
lest you dash your foot against a stone.**

**You shall tread upon the lion and adder; \*  
you shall trample the young lion and the serpent under your feet.**

**Because he is bound to me in love,  
therefore will I deliver him; \***

**I will protect him, because he knows my Name.  
He shall call upon me, and I will answer him; \***

**I am with him in trouble;  
I will rescue him and bring him to honor.  
With long life will I satisfy him, \*  
and show him my salvation.**

## **Second Lesson**

**read by Larisa Shaterian**

A reading from the letter of Paul to the Romans.

"The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

*After the reading*

*Reader*        The word of the Lord.

*People*        **Thanks be to God.**

*All stand for the Gospel procession and reading and sing together;*

**Sequence Hymn: H-140 Wilt Thou Forgive That Sin**

*Donne*

**Wilt thou forgive that sin where I begun,  
Which is my sin though it were done before?  
Wilt thou forgive those sins through which I run,  
And do run still, though still I do deplore?  
When thou hast done, thou hast not done, for I have more**

**I have a sin of fear that when I've spun my last thread,  
I shall perish on the shore; swear by thyself,  
that at my death thy Son shall shine as he shines now, and here to fore.  
And having done that, thou hast done, I fear no more.**

## **The Holy Gospel**

*Before the Gospel*

*Deacon*        The Holy Gospel of our Lord Jesus Christ According to Luke.

*People*        **Glory to you, Lord Christ.**

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'"

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

'Worship the Lord your God,

and serve only him."

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written,

'He will command his angels concerning you,  
to protect you,'

and

'On their hands they will bear you up,  
so that you will not dash your foot against a stone.'"

Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

*Deacon*        The Gospel of the Lord.

*People*        **Praise to you, Lord Christ.**

**The Sermon**

**The Rev. Kimberlee Auletta**

*Please stand and say together*

**The Nicene Creed**

**We believe in one God, the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten  
of the Father, God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father. Through him all things  
were made. For us and for our salvation he came down from heaven: by  
the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man. For our sake he was crucified under Pontius Pilate; he  
suffered death and was buried. On the third day he rose again in  
accordance with the Scriptures; he ascended into heaven and is seated at  
the right hand of the Father. He will come again in glory to judge the  
living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from  
The Father and the Son. With the Father and the Son he is worshiped and  
glorified. He has spoken through the Prophets. We believe in one holy  
catholic and apostolic Church. We acknowledge one baptism for the  
forgiveness of sins. We look for the resurrection of the dead, and the life  
of the world to come. Amen.**

**The Peace**

*Presider*        The Peace of the Lord be always with you.

*All*                **And also with you!**

## The Holy Communion

*This is God's Table: all are welcome*

### The Offertory

*You can give online via our website or use the offertory plate  
that is passed during the offertory.*

### Offertory Anthem

*Please stand as are able,*

#### Doxology

*Old Hundredth*

**Praise God, from whom all blessings flow; praise him, all creatures here below;  
praise him above, ye heavenly host: praise Father, Son and Holy Ghost. Amen.**

### The Great Thanksgiving, Eucharistic Prayer A

*Presider* The Lord be with you.

*People* **And also with you.**

*Presider* Lift up your hearts.

*People* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*People* **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth... Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Presider and People say together,*

#### The Sanctus

**Holy, holy, holy, Lord, God of power and might  
Heaven and earth are filled with your glory, Hosanna in the highest.  
Blessed are they who come in the name of the Lord.  
Hosanna in the highest.**

*The Presider continues,*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."



After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Presider and People,*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Presider continues,*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

*Remain standing as we say together*

**The Lord's Prayer**

**Our Father, who art in heaven, hallowed be thy name**

**Thy kingdom come, thy will be done, on earth, as it is in heaven.**

**Give us this day, our daily bread,**

**and forgive us our trespasses**

**as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil.**

**For thine, is kingdom and the power and the glory, for ever and ever. Amen.**

**The Breaking of the Bread**

*Remain standing as we sing together*

**Fraction Anthem: S161**

D. Hurd

**Lamb of God, you take away the sins of the world: have mercy on us.**

**Lamb of God, you take away the sins of the world: have mercy on us.**

**Lamb of God, you take away the sins of the world: grant us peace.**

**The Prayer of Humble Access**

**We do not presume to come to this your Table, O merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your Table. But you are the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of your dear**

**Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us.  
*Amen.***

*Please remain standing*

**Invitation to Communion**

These are the gifts for God for all of us, the people of God. Let us take them in remembrance that Christ died for us and feed on him in our hearts by faith, with thanksgiving.

*Please come forward for communion following the invitation of the ushers.*

*If you wish to receive a prayer or blessing, one of the clergy will be available by the Mary statue.*

**Communion Hymn**

**Let all mortal flesh keep silence**

*Picardy*

Let all mortal flesh keep silence, and with fear and trembling stand;  
Ponder nothing earthly minded, for with blessing in his hand  
Christ our God to earth descendeth, our full homage to demand.

King of kings, yet born of Mary, as of old on earth he stood,  
Lord of lords in human vesture, in the Body and the Blood.  
He will give to all the faithful his own self for heavenly food.

Rank on rank the host of heaven spreads its vanguard on the way,  
As the Light of Light descendeth from the realms of endless day,  
That the powers of hell may vanish as the darkness clears away.

At his feet the six-winged seraph; cherubim with sleepless eye,  
veil their faces to the Presence, as with ceaseless voice they cry,  
“Alleluia, alleluia! Alleluia! Lord Most High!”

*All stand, and say together*

**Post Communion Prayer**

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

**The Blessing**

**Recessional Hymn: H-143 The Glory Of These Forty Days**

*Erhalt uns, Herr*

**The glory of these forty days we celebrate with songs of praise;  
For Christ, through whom all things were made, himself has fasted and has prayed.**

**Along and fasting Moses saw the loving God who gave the law;  
And to Elijah, fasting, came the steeds and chariots of flame.**

**So Daniel trained his mystic sight, delivered from the lion's might;  
And John, the Bride-groom's friend, became the herald of Messiah's name.**

**The Dismissal**

*Deacon*      Let us bless the Lord.

*People*        **Thanks be to God.**

**A LISTENING**

**by Ann Weems**

**Going through Lent  
is a listening.**

**When we listen  
to the word,  
we hear**

**where we are so  
blatantly  
unliving.**

**If we listen to the word  
and hallow it  
into our lives,  
we hear  
how we can so  
abundantly  
live again.**

**Announcements**

**Lent**

Lent is a time in the church year, the 40 days, excluding Sundays, that precedes Easter. If you grew up Catholic, you probably were aware of this penitential season and most likely went to church on Ash Wednesday to mark the beginning of the 40 days journey. If you didn't grow up Catholic, Lent might feel foreign to you. That's ok. This is as good a year as any to commit to observing a holy Lent. In the last few decades, the Episcopal Church has reclaimed Lent, as we understand the importance of setting aside this time where we are called to reflect, repent (ask forgiveness for our sins) and turn our hearts back to God.

Some of us might be scared by the use of the word sin; it might bring up feelings of shame and guilt, of how we are not “good enough” in the eyes of God. We’d like you to consider the idea that sin is like the brick wall that literally prevents our hearts from being closer to and open to God’s love, which is always available to us.

Lent provides us, the time and space in the church year to observe and reflect on our sins, to ask for God’s help and forgiveness, to take the steps to live a fuller life by turning our hearts back to God, remembering that God’s love for us is unconditional and infinite –and when we are able to receive God’s love, we are transformed.

### **Liturgical Changes in Lent**

During Lent, a penitential season where we are asked to consider our sins and turn our hearts back to God, we make changes to the liturgy and the space. The altar becomes more bare, the crosses are shrouded and the liturgical color changes from green to purple. In our liturgy, we sing a Kyrie instead of a Gloria, asking for God’s mercy; Lent 1 we begin the service with the Great Litany and the Sundays after with the Penitential Order; we include the Prayer of Humble Access before receiving communion; we say, not sing the Lord’s Prayer – we do not declare Alleluia. These changes help us to recognize the ways in which we need God’s help in turning our hearts back to God, to make us thankful on Easter for the sacrifice of Jesus and his resurrection – his victory over death and the forgiveness of our sins.

### **Outdoor Coffee hour has resumed!**

Join us for a cup of coffee and some time to chat after the service. Want to host our simplified coffee hour? Email or speak to Ann Mellow: [ann.mellow@gmail.com](mailto:ann.mellow@gmail.com)